



**MARIANJOY**  
Rehabilitation Hospital  
Wheaton Franciscan Healthcare



# WINTER 2012 MARIANJOY Classes for Kids

## Marianjoy's Continuing Care Classes for Children with Special Needs

Marianjoy's Continuing Care Classes offers children with special needs additional instruction as they work toward achieving their functional goals.

Classes are offered throughout the calendar year and are held at Marianjoy Rehabilitation Hospital in Wheaton in the Outpatient Pavilion.

Registration fee is \$80 per class unless otherwise noted.

To ensure that you enroll in a program that best suits your child's needs, and that your child meets the requirements to participate, we ask that you read the class descriptions carefully.

If you are uncertain about whether your child meets the class requirements, please call 630-909-7155 to schedule a screening with a Marianjoy therapist.

A physician release form may be required for children with changing medical status or if you intend to submit the class fee for insurance reimbursement.

To register or for more information about Marianjoy's Continuing Care Classes, please call 630-909-7155.

### FOCUS ON FOOD CLASSES:

Designed to meet the needs of "picky eaters" and children with issues related to eating and swallowing.

#### Fun with Food Group

For the pickiest eaters, this class focuses on enjoying food through eating, and also through touch, smell, preparation and play. Pediatric speech-language pathologists (specializing in feeding and swallowing therapy) will guide children through the exploration of food shapes, colors, flavors, textures, and temperatures. Tips will be offered on how to incorporate a variety of food choices into home meal experiences. **Fee: \$120**

**Ages 3 to 6. Mondays, 11:30 to 12:30 p.m.**  
January 23 – March 12





## PRAGMATIC LANGUAGE AND SOCIAL INTERACTION GROUPS:

These classes address **TOPICALIZATION** – introducing, maintaining and terminating a topic in conversation; **CONVERSATIONAL ABILITY** – taking-turns, eye contact, topic shifting; **USE OF REGISTER** – formal or informal, tone of voice; **EFFECTIVE LANGUAGE** – conveying the message that was meant to be communicated; and **NONVERBAL COMMUNICATION** – facial expressions, gestures. These Groups are led by a speech-language pathologist and social worker.

### Come Play With Me

This group addresses play skills, social interaction, coordination, and basic communication skills. Children participate in preschool-readiness activities including self-introduction, story time, basic group discussion, and fine and gross motor activities. Kids learn in a fun, structured environment guided by an occupational and a physical therapist. **Requirements:** Participants must be able to sit independently for five minutes and follow basic directions.

**Ages 3 to 5. Wednesdays, 2:00 to 3:00 p.m.**  
**January 25 – March 14**



### Shining Star Theatrics Group – Curtain Up

This adaptive theater program helps children explore communication and movement through performing. Targeted skills include group communication, slow and clear speech, movement with music, and coordination. This

group is led by both a speech-language pathologist and physical therapists. **Requirements:** Children must either be referred by or screened by a Marianjoy clinician. Children will need help memorizing lines prior to 2nd week of rehearsals, and will need a plan, solid color t-shirt (color will be specified) for costume base. One sibling may participate free of charge as a typically developing peer model, provided group criteria is met. Rehearsal attendance is mandatory. **FEE: \$120 per session**

**Ages 4 to 11. Tuesdays, 4:45 to 5:45 p.m.**  
**January 24 – March 13**

**“RAP” CLASSES REQUIREMENTS:** Children must be able to sit in a group and follow instructions. Marianjoy reserves the right to review a child’s readiness for participation in these groups. Referral from a speech-language pathologist, occupational therapist, social worker, or other trained clinician required.

### That’s a Rap I

This group focuses on structured social interactions and fun play activities to help children develop greater awareness of their reactions to others and how others react to them.

**Ages 5 to 7. Mondays OR Wednesdays, 4:00 to 5:00 p.m.**  
**January 23 – March 14**

### That’s a Rap II

Children will explore the wonderful world of making and keeping new friends! Participants will practice social skills with peers in a safe environment without being teased or feeling isolated. With guidance, children will learn to evaluate and improve the effectiveness of their own communication style.

**Ages 8 to 11. Tuesdays, 4:00 to 5:00 p.m.**  
**January 24 – March 13**

### Rap It Up for Teens

This class explores the role of interacting with self-respect, responses to peer pressure, and other challenges of adolescence.

**Ages 12 to 16. Wednesdays, 5:00 to 6:00 p.m.**  
**January 25 – March 14**

### How to Rap

Basic social language skills are emphasized through concrete instruction. Each session targets a different social skill which is practiced in the context of a structured snack, game or conversation, and a functional interaction outside of the group room. Instruction by a speech-language pathologist and an occupational therapist.

**Ages 9 to 14. Thursdays, 5:15 to 6:15 p.m.**  
**January 26 – March 15**

**GROUPS TO DEVELOP FINE MOTOR SKILLS:**

These classes, led by an occupational therapist, help children improve their hand functions and coordination for writing, manipulation, play and daily activities.

**Eye Can Do**

Eye Can Do is a group that focuses on vision, coordination, and visual-motor integration and is led by a therapist with training in pediatric visual function and remediation. Using a group format, children will work on basic visual skills, such as tracking, smooth pursuits, and saccades. Games will be used to improve coordination, body awareness, and integration of visual skills with movement. Handwriting and copying from the board tasks will be included as well. Come join us as we LOOK ahead to a clearer, more coordinated future!

**Ages 5 to 10. Wednesdays, 4:00 to 5:00 p.m.**  
**January 25 – March 14**

**READY TO WRITE**

This handwriting readiness group is geared toward children who have mastered basic shapes and are starting to form letters. Play activities and games are included to improve hand coordination, hand and arm strength, pencil grip, and letter/number recognition. Pre-writing skills such as copying, tracing, and drawing basic shapes are addressed, as well as forming capital letters and numbers. Homework is assigned each week to practice skills learned during the group. **Requirements:** Participants must be able to remain seated for five minutes unassisted, form lines and basic shapes, identify letters in their name, and complete tabletop work with supervision.

**Ages 3 to 6. Wednesdays, 10:00 to 11:00 a.m.**  
**January 25 – March 14**

**HAND IN HAND GROUP**

Does your child have difficulty using both hands together or have limited use of one hand due to hemiparesis or injury? Has your child participated in the constraint induced casting program and needs to improve the use of their weaker arm or hand? This group will help a child use the weaker hand in a variety of tasks and activities with an emphasis on improving strength, movement and the use of the weaker arm. **Requirements:** Referral from an Occupational Therapist and/or physician required. The child must be able to follow verbal directions for specific tasks and activities and work with others in a group setting. **FEE: \$120**

**Ages 4 years and older. Mondays, 10:30 to 11:30 a.m.**  
**January 23 – March 12**

**AQUATIC EXERCISE THERAPY GROUPS:**

Marianjoy's pediatric pool classes, which are led by physical or occupational therapists, are for children who have medical conditions requiring aquatic exercise. Marianjoy's therapy pool is kept at a temperature of 91° to 93°. Participants should have previous aquatic therapy experience and be ready to participate in a group setting. To participate in aquatic therapy groups, all participants must have a medical release that is updated annually.

**After School in the Pool**

This aquatic exercise class is designed for children who are independent in the water and will focus on strengthening and conditioning. Children should have a physical condition requiring supervision from a physical therapist.

**Ages 6 years and older. Wednesdays, 4:00 to 5:00 p.m.**  
**January 11 – February 29**

**Sensory Pool Group**

This class is for children with identified sensory integration or sensory regulation needs. The focus is on self-regulation strategies, tactile and vestibular stimulation exercises, balance and aerobics for general health and wellness, and cooperative and social interactions with peers. **Requirements:** Participants must be able to be independent in the pool and follow directions safely in the water.

**Ages 5 years and up. Tuesdays, 4:00 to 5:00 p.m.**  
**January 10 – February 28**

**Parent and Child Swim**

Aquatic exercise class for children who have had previous experience in a therapeutic pool or with a pool therapy group. **Requirement: Parent or caregiver must accompany child in the pool.**

**Ages 5 to 12.**  
**Mondays 4:30 to 5:30 p.m. OR Thursdays, 3:30 to 4:30 p.m.**  
**January 9 – March 1**

**Parent and Young Child Swim**

The focus of this class is on movement for balance, strength, respiration, and endurance. The goal is to support a child's land-based therapy goals through a warm water environment. **Requirement: Parent or caregiver must accompany child in the pool. Note: This is not an Early Intervention Group.**

**Ages 1 to 4.**  
**Tuesdays, 2:00 to 3:00 p.m. OR Wednesdays, 10:00 to 11:00 a.m.**  
**January 10 – February 29**

**Partner Swim Group**

This group is for children who require physical assistance to participate in their established aquatic exercise program with the supervision of a therapist. The focus of this group is on head and trunk control, respiration, movement, endurance and overall fitness. **Requirement: Parent or caregiver must accompany child in the pool.**

**Ages 5 years and up. Thursdays, 4:30 to 5:30 p.m.**  
**January 12 – March 1**

# WINTER CLASSES REGISTRATION FORM

Please use one registration form per child.

Child's Name: \_\_\_\_\_

Primary Diagnosis: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Emergency Contact Name and Phone Number:  
\_\_\_\_\_

## REGISTRATION

I would like to register my child for the following class(es):

Class: \_\_\_\_\_

Class: \_\_\_\_\_

## PAYMENT METHOD/CREDIT CARD INFORMATION

Payment ensures registration of your child in the class and is due prior to the start of the first class. Classes are \$80 unless otherwise noted.

Check (made payable to Marianjoy)  MasterCard  Visa

Credit Card #: \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

Charge Amount: \_\_\_\_\_

## MAIL REGISTRATION FORM TO:

This registration form(s), with payment, may be mailed to

**Melissa DiGiovanni**  
**Marianjoy Pediatric Department**  
**26W171 Roosevelt Road**  
**Wheaton, IL 60187**

When paying by credit card, your registration can be e-mailed to MDiGiovanni@Marianjoy.org or faxed to 630-909-7151.



**MARIANJOY**  
Rehabilitation Hospital  
Wheaton Franciscan Healthcare

The pediatric team is led by award-winning, board-certified pediatric physiatrist, Dr. Mary Keen. In her role as the team's coordinator, Dr. Keen helps oversee the treatment plans of our youngest patients. With an office located on Marianjoy's main campus in Wheaton, our therapists have immediate access to obtaining Dr. Keen's expertise when questions or concerns arise.



**Dr. Mary Keen**  
Medical Director,  
Marianjoy Pediatric Program

Dr. Keen is board-certified in pediatrics, pediatric physical medicine and rehabilitation, and neuro-developmental pediatrics.



**Dr. Kendra Farabee**  
Marianjoy Medical Group  
Physician, Pediatrics

Dr. Farabee is board-certified in pediatrics.

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MARIANJOY PEDIATRIC PROGRAM

Information  
Connections.org

A Website for Parents of Children with Developmental Disabilities and Chronic Diseases

A young girl with blonde hair, wearing a green dress, is smiling and using a silver walker. The background is orange with stylized figures of people holding hands.