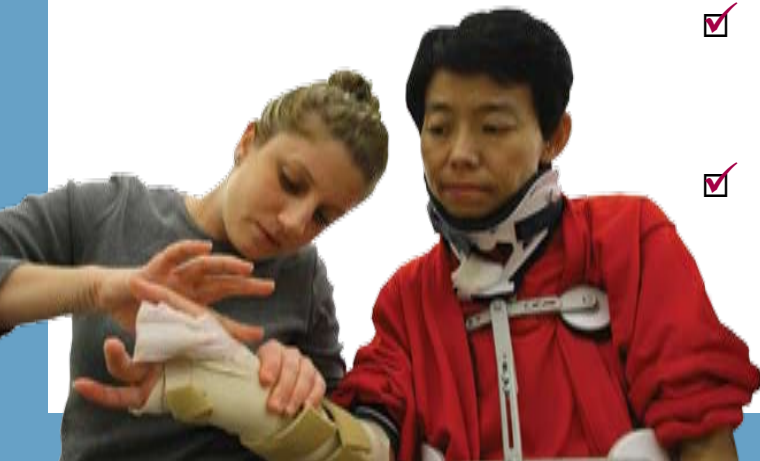


Choosing a Medical Rehabilitation Provider

A 12-point checklist for patients and families

The following list of questions can help you evaluate the best possible rehabilitation settings:

- ✓ Does the hospital offer advanced therapies and techniques, leading-edge technologies, and clinical research in a rehabilitation center?
- ✓ Is care provided by an interdisciplinary team of rehabilitation professionals under the direction of a physician who specializes in rehabilitation medicine?
- ✓ Is the medical staff available around the clock to manage your complex medical needs and monitor your progress?
- ✓ Do specialized rehabilitation nurses manage your daily care?
- ✓ Do experienced physical, occupational and speech therapists tailor a comprehensive treatment plan to your specific needs and provide therapy for a minimum of three hours a day, five or six days a week?
- ✓ Are psychology and neuropsychology services available to help you cope with the many challenges you may face?
- ✓ Will you and your family meet regularly with the rehabilitation team to discuss goals, progress and discharge plans?
- ✓ Does the hospital provide a continuum of inpatient through outpatient care, including a range of specialty services, such as prosthetics and orthotics, and access to community resources?
- ✓ Are patient and family education programs, training and support groups available?
- ✓ Does the hospital offer state-of-the-art equipment in a dynamic rehabilitation environment?
- ✓ Does the hospital measure patient outcomes and satisfaction and do they make this information available?
- ✓ Is the hospital accredited by an independent, nationally recognized organization, such as The Joint Commission and/or the Commission on Accreditation of Rehabilitation Facilities (CARF)?



Find the Best Rehabilitation Near You

When it comes to rehabilitation, individuals and their families do have a choice. We encourage you to use the information presented here to discover the differences that can make all the difference in your recovery.

This brochure was developed in cooperation with the nation's leading rehabilitation hospital including the following:

- Casa Colina Centers for Rehabilitation, California
- Helen Hayes Hospital, New York
- HealthSouth Corporation
- Idaho Elks Rehabilitation Hospital, Idaho
- Kessler Institute for Rehabilitation, New Jersey
- Madonna Rehabilitation Hospital, Nebraska
- Marianjoy Rehabilitation Hospital, Illinois
- Siskin Hospital for Physical Rehabilitation, Tennessee

For additional information on medical rehabilitation, visit the American Medical Rehabilitation Providers Association (AMRPA) at www.AMRPA.org or call 888-346-4624.



Marianjoy
Rehabilitation Hospital
26W171 Roosevelt Road
Wheaton, Illinois 60187
800-462-2366
www.Marianjoy.org

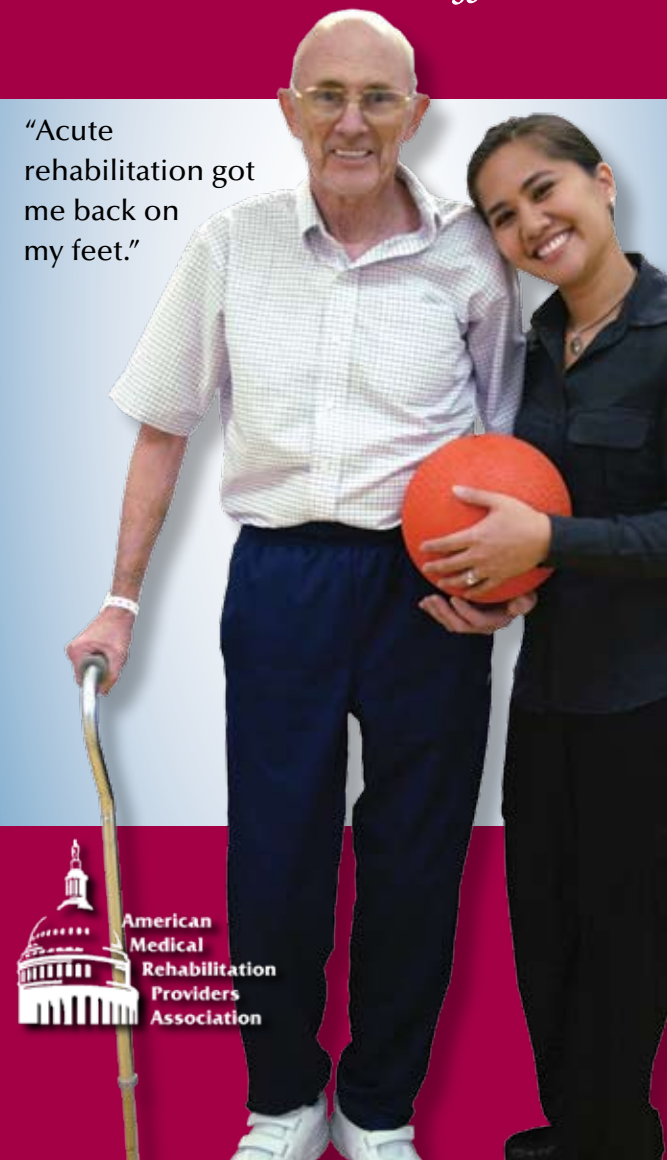


MARIANJOY
Rehabilitation Hospital
Wheaton Franciscan Healthcare

Acute Medical Rehabilitation:

Discover the Difference

"Acute
rehabilitation got
me back on
my feet."



American
Medical
Rehabilitation
Providers
Association

Acute Medical Rehabilitation: *Discover the Difference*

Research shows that the sooner patients begin a comprehensive rehabilitation program, the more significant their gains may be. Acute rehabilitation hospitals are equipped to provide the quality of care, scope of services, and level of expertise that can make all the difference in your or your loved one's recovery.

Acute rehabilitation hospitals throughout the country offer adults and children the specialized care and treatment to help them overcome the many challenges that an unexpected injury or illness can present – and rebuild their lives.

What Is Acute Rehabilitation?

Acute rehabilitation is a medically-based, multi-disciplinary approach for the treatment of stroke, brain injury, spinal cord injury, amputation, neuromuscular disorders, and musculoskeletal and orthopedic conditions including joint replacement – all of which may impact physical function and mobility, speech and cognition, behavior and emotions, and personal independence.

With dedication, knowledge, and specialized expertise, rehabilitation professionals work together as a team to help individuals optimize their recovery and help them return to home, work, school, community activities, and to life itself. That's the difference acute medical rehabilitation can make.

Where an individual chooses to go for rehabilitation can make a significant difference in their recovery.

More Rehabilitation — Better Outcomes

Acute rehabilitation programs are led by a physiatrist – a physician specializing in physical medicine and rehabilitation – or a neurologist, along with a team of other rehabilitation professionals. The rehabilitation team includes nurses; physical, occupational, speech and recreation therapists; psychologists; dietitians; case managers; and other clinical and support staff. In fact, studies show that a team approach contributes to better outcomes for the patient.

The Choice is Yours

Acute medical rehabilitation uses proven therapies and advanced technologies that are carefully integrated to support the progress of each patient. Individuals who choose to receive care in an acute rehabilitation hospital receive a more comprehensive, highly focused plan of care than in other settings.

"The medical care and therapy I received enabled me to go home and get back to work."



Acute Medical Rehabilitation: *The Choice is Yours*

