

Introduction to the Neuro-IFRAH® Approach

The Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury

Saturday and Sunday, October 23 – 24, 2010

REGISTRATION FORM

Space is limited. Pre-registration is required.

Registration Deadline: October 18, 2010

- SINGLE REGISTRATION FEE: \$350
 EARLY REGISTRATION FEE (Received by October 8, 2010) : \$330

REGISTRATION INFORMATION ONLINE: www.Marianjoy.org

MAIL REGISTRATION: Mail completed form with check to:

Marianjoy Rehabilitation Hospital
26W171 Roosevelt Road
Wheaton, IL 60187
Attn: Gwen Sanford, Administration



- CHECK ENCLOSED PAYABLE TO "Marianjoy Rehabilitation Hospital"
 PLEASE CHARGE MY CREDIT CARD VISA MASTERCARD

Account Number _____

Exp. Date _____

Name on Card _____

Signature _____

FAX REGISTRATION: (630) 909-7101

REGISTRATION QUESTIONS? Phone (630) 909-7504

Name _____

Organization _____

Address _____

City/State/ZIP _____

Phone _____

E-Mail _____

Require Special Accommodations (Please Specify):

NOTE: Due to fluctuations in room temperature, please bring a sweater or light jacket.

 **MARIANJOY**
Wheaton Franciscan Healthcare
26W171 Roosevelt Road
Wheaton, Illinois 60187



MARIANJOY PROFESSIONAL EDUCATION SERIES

Introduction to the Neuro-IFRAH® Approach

The Treatment and Management
of Adults with Hemiplegia from
a Stroke or Brain Injury

2-Day Course

Saturday and Sunday

OCTOBER 23 – 24, 2010

8:00 A.M. – 5:00 P.M.

14 Contact Hours

Sponsored by:



MARIANJOY

Wheaton Franciscan Healthcare

Marianjoy Rehabilitation Hospital
26W171 Roosevelt Road
Wheaton, Illinois 60187

COURSE AGENDA

Introduction to the Neuro-IFRAH® Approach

The Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury

DAY ONE Saturday, October 23

- 8:00 A.M. REGISTRATION
- 8:30 A.M. Introductions/Background lecture/
Neuro-IFRAH® Key Concepts
- 10:00 A.M. BREAK
- 10:15 A.M. Background lecture/ Neuro-IFRAH® Framework,
Begin trunk assessment
- 12:00 P.M. LUNCH
- 1:00 P.M. LAB:
• Continue trunk assessment in functional activities
• Problem solving sequences 1,2,3
- 3:00 P.M. BREAK
- 3:15 P.M. LAB:
• Guidelines for facilitation
• Facilitation of trunk movements
• Generalization of skill
- 5:00 P.M. CONCLUSION OF DAY ONE

DAY TWO Sunday, October 24

- 8:30 A.M. LAB:
• Review of facilitation of trunk movements
• Facilitation of Asymmetrical Scooting forward
• Lower extremity assessment in functional activities
• Facilitation of asymmetrical scooting forward
adding the legs
- 10:00 A.M. BREAK
- 10:15 A.M. LAB: Facilitation of sit to stand and stand to sit
(from the side and from the front)
- 12:00 P.M. LUNCH
- 1:00 P.M. LAB: Transfers from the front and from the side.
- 3:00 P.M. BREAK
- 3:15 P.M. LAB: Guidelines for stretching and mobilization.
Increasing mobility of the trunk.
- 5:00 P.M. CONCLUSION AND COURSE EVALUATION



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Introduction to the Neuro-IFRAH® Approach

Saturday – Sunday October 23 – 24, 2010

What is Neuro-IFRAH®?

Neuro-Integrative Functional Rehabilitation And Habilitation is an approach originated by Waleed Al-Oboudi, MOT, OTR/L. Mr. Al-Oboudi is renowned nationally and internationally for his superior concepts and highly effective and unmatched clinical skills. The powerful words used in the name of the approach gives a small glimpse of the wide scope of this truly dynamic, highly individualized, whole person, functional, inclusive, and visionary approach.

Course Description

This two day course is designed to provide participants with an introduction to the Neuro-IFRAH® principles of management and a practical application of these principles to increase function. Participants will be able to apply the information learned in a variety of treatment settings including acute care, inpatient and outpatient rehabilitation, home care, and skilled nursing facilities. This course will consist of interactive lecture and hands on lab. Lab sessions will emphasize the development of patient handling skills through working with other participants. Information will be shared by lecture, lab and possibly using video or other visual aids.

Course Instructors

Jeanie Henrion, OTR/I, received her degree in Occupational Therapy from eastern Michigan University in 1999. Jeanie has worked in inpatient rehabilitation, acute care and outpatient settings, with an emphasis in the treatment of adults with stroke or brain injury. Jeanie currently works at Van Matre Healthsouth Rehabilitation Hospital and at Swedish American Hospital, both located in Rockford, Illinois. Jeanie is a certified Neuro-IFRAH Instructor® and has been personally trained by Waleed Al-Oboudi, MOT, OTR/L.

Michelle Denning, PT, graduated from St. Louis University in 1996 with a BS in Physical Therapy and a Master of Science in Health Systems Administration from Georgetown University in 2006. Michelle has extensive experience working in the acute, acute rehab, subacute and home health areas, maintaining a focus on neurologically involved patients, specifically those affected by a CVA or TBI. Michelle is currently the Director of Rehabilitation for a SAR facility in Arlington, Virginia. Michelle is a certified Neuro-IFRAH Instructor® and has been personally trained by Waleed Al-Oboudi, MOT, OTR/L.

Intended Audience: Intended audience: PT, PTA, OT, OTA

Continuing education Units

Course approved by the IPTA for 14 contact hours.
Course approval number 373.2927

Cancellation/Refund policy

A tuition refund less \$30.00 administrative fee is available if your cancellation request is received in writing within 7 days before the program date. No refunds will be granted after that date. In the unlikely event that Marianjoy must cancel an educational event for any reason, you will receive a full refund of your paid event tuition. Marianjoy does not assume responsibility for any other expenses incurred by the registrant.

All participants must sign a confidentiality form respecting the intellectual property of the neuro-IFRAH® approach prior to the start of the course. If not signed prior to the start of the course, participants will be asked to leave with refund at discretion of the host.

Course Objectives

Upon completion of this course, participants will be able to:

1. Identify the basic principles of management of the Neuro-IFRAH® approach.
2. Identify handling guidelines related to the Neuro-IFRAH® approach.
3. Identify concepts related to the framework for normal movement.
4. Differentiate between normal and abnormal movement in function.
5. Identify the missing components of movement that are interfering with patients' abilities to function at a higher level.
6. Apply handling techniques to help attain the missing components of movement that are interfering with functioning at higher levels.
7. Integrate concepts related to normal movement, principles of management, handling guidelines, and handling techniques into ADLs and other functional activities.

Upon successful completion of the course, participants will be Neuro-IFRAH Trained®.