



The IADL of Community Mobility

MARIANJOY CONFERENCE CENTER, Outpatient Pavilion, Marianjoy Rehabilitation Hospital

Course Description

Driving and community mobility is a topic that many professionals, in a variety of settings, are asked to address. For many individuals, driving is their primary method of community mobility. A special education teacher or school therapy team may be asked to address how a teen's special needs will impact her ability to drive. A physician, case manager, social worker, therapist or nurse may be asked by a patient recovering from a medical condition for approval to drive. An older person or an individual with a progressive disease may need assistance planning retirement from driving.

This course will address the importance of an interdisciplinary approach to community mobility across the lifespan. In addition to specific approaches for preparing an individual with disability for driving, methods of safely accessing alternative transportation will be addressed.

The course will be divided in two parts.

DAY ONE: The first day is intended for all professionals to address community mobility both within their setting and through referral.

DAY TWO AND DAY THREE: The second and third days are intended for Occupational Therapists with a strong interest in Driver Rehabilitation. A large component of these days is the behind the wheel experience with a wide variety of adaptive driving equipment. In order to maximize driving time, participation is limited to a maximum of 18 individuals.

Intended Audience

One Day Course: Case managers, OT, OTA, PT, PTA, RN, School Counselors **Three Day Course:** OT, OTA

Course Objectives

DAY 1 OBJECTIVES:

Community Mobility (open to all professionals)

1. Describe the importance of community mobility as an Instrumental ADL across the lifespan.
2. Identify pre-driving tasks to increase a client's potential for future driving.
3. Identify key components of driving retirement.
4. Describe legal and ethical considerations of return to and retirement from driving.

DAY 2 AND 3 OBJECTIVES:

Gearing up to Become a Driver Rehabilitation Specialist (Open to OTs and OTAs only)

1. Identify the components of a clinical driver evaluation and relevance to the in-vehicle evaluation
2. Discuss the difference between the primary, secondary and tertiary controls of a vehicle
3. Compare and contrast the various adapted driving equipment as it relates to specific impairments
4. Formulate a thorough written report at the conclusion of a driving evaluation
5. Describe the importance and components of a vehicle fitting and conformance inspection
6. Identify the differences between being a CDI and a CDRS and the requirements to obtain each

Continuing Education Units

This course is pending approval from ADED for 19.5 continuing education hours.

PT CEUs: This course is offered for 6.5 continuing education contact hours. The Illinois Department of Financial and Professional Regulation, Division of Professional Regulation has certified that Marianjoy Rehabilitation Hospital has complied with the provisions of the Illinois statutes and/or rules and regulations and is hereby authorized to sponsor the above named course as a Continuing Education offering.

Social Worker CEUs: This CE activity is being offered for 6.5 CEUs. Marianjoy Rehabilitation Hospital is an approved provider of Social Work education by the Illinois Department of Professional Regulation.

OT CEUs: This course has been approved for continuing education hours for occupational therapy practitioners by the Illinois Occupational Therapy Association. 6.5 CEUs for attending Day 1. 19.5 CEUs if attending 3 day course.



MARIANJOY PROFESSIONAL EDUCATION SERIES

The IADL of Community Mobility

1 DAY COURSE

Thursday, September 23, 2010

Open to All Professionals

3 DAY COURSE

Thursday, September 23 through

Saturday, September 25, 2010

Open to OT's and OTAs Only

CEUs

1 Day Course: 6.5 CEUs

3 Day Course: 19.5 CEUs



MARIANJOY
Wheaton Franciscan Healthcare

Sponsored by:

Marianjoy Rehabilitation Hospital
26W171 Roosevelt Road
Wheaton, Illinois 60187



Faculty:

Anne Hegberg, MS, OTR/L, CDRS is an Occupational Therapist, a Certified Driver Rehabilitation Specialist (CDRS) and IL certified driving instructor (CDI). She has specialized in driver rehabilitation at Marianjoy Rehabilitation Hospital for over 20 years. The program addresses the needs of drivers with a wide range of disabilities including teens, clients who are wheelchair dependent, those with low vision as well as the elderly. Anne is active professionally in the organizations of AOTA, NMEDA (National Mobility Equipment Dealers Association) and ADED (Association for Driver Rehabilitation Specialists). In 2007 Anne authored *An Older Driver*, a rehabilitation primer for Occupational Therapy Professionals, AOTA. Anne has presented locally, nationally and internationally on all aspects of Driver Rehabilitation.

Pam Bartle, OTR/L, CDRS has been an occupational therapist since 1982. She has specialized in the area of driver rehabilitation for the past 15 years. Pam is a Certified Driver Rehabilitation Specialist and a Certified Driving Instructor. She has additional training in the area of low vision driving with bioptics.

Kim Woulfe, OTR/L, CDRS is an Occupational Therapist OTR/L, Certified Driver Rehabilitation Specialist (CDRS), and an Illinois certified driving instructor (CDI). She received her CDRS in 1999. Kimberly co-owned a driving practice for 3 years and has been employed with Marianjoy Rehabilitation Hospital for 3 years. Although the program at Marianjoy addresses the needs of drivers with a variety of disabilities, Kimberly is specifically sensitive to the elderly.

Imran Firdausi, OTR/L, MHS, CDRS received his Bachelors of Science in Occupational Therapy in 1998 from Eastern Michigan University. He recently received his Masters in Health Science in Occupational Therapy from the University of Indianapolis. He has advanced training treating stroke survivors and currently works in the outpatient occupational therapy department with patients from a wide variety of diagnostic groups. He has worked part-time with the driver rehabilitation program since joining Marianjoy 8 years ago, receiving his CDRS 6 years ago and his CDI 5 years ago.

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Course Agenda DAY ONE

Thursday, September 23

- 7:30 A.M. REGISTRATION & CONTINENTAL BREAKFAST
- 8:00 A.M. COMMUNITY MOBILITY FOR CHILDREN: Developmental Considerations
- 9:00 A.M. COMMUNITY MOBILITY FOR TEENAGERS: Preparing for Driving
- 10:00 A.M. BREAK
- 10:15 A.M. COMMUNITY MOBILITY FOR ADULTS
- 11:30 P.M. LUNCH (On your own)
- 12:30 P.M. COMMUNITY MOBILITY FOR THE ELDERLY: Developing a Life Plan
- 2:15 P.M. BREAK
- 2:30 P.M. ADDRESSING COMMUNITY MOBILITY IN YOUR PRACTICE AREA
- 4:00 P.M. CONCLUSION

Marianjoy's Driver Rehabilitation Program

One of the most highly regarded programs in Illinois, Marianjoy Driver Rehabilitation program provides driver evaluation and education for persons with disabilities. Marianjoy serves experienced drivers who have acquired a disability, people with disabilities who are interested in getting a driver's license for the first time and senior citizens who are determining whether they can still drive safely. Program staff includes four Occupational Therapists who are among Illinois' few nationally Certified Driver Rehabilitation Specialists (CDRS) and Illinois state Certified Driving Instructors (CDI).

Cancellation/Refund Policy

A tuition refund less \$30.00 administrative fee is available if your cancellation request is received in writing within 7 days before the program date. No refunds will be granted after that date. In the unlikely event that Marianjoy must cancel an educational event for any reason, you will receive a full refund of your paid event tuition. Marianjoy does not assume responsibility for any other expenses incurred by the registrant.

Course Agenda DAY TWO

Friday, September 24

- 7:30 A.M. CONTINENTAL BREAKFAST
- 8:00 A.M. INTRODUCTION TO DRIVER REHABILITATION AS AN OT SPECIALTY
- 8:30 A.M. DRIVER EVALUATION AND TRAINING STRUCTURES
- 9:00 A.M. CLINICAL DRIVER EVALUATIONS
- 10:15 A.M. BREAK
- 10:30 A.M. BEHIND THE WHEEL: Evaluations and Equipment
- 11:30 P.M. LUNCH (On your own)
- 12:30 P.M. LAB: BEHIND THE WHEEL (Class Split)
- 1:00 P.M. CASE STUDIES (Class Split)
- 2:15 P.M. BREAK
- 4:00 P.M. CONCLUSION

Course Agenda DAY THREE

Saturday, September 24

- 8:00 A.M. EVALUATION CONSIDERATIONS
- 9:00 A.M. MOCK CLINICAL BEHIND THE WHEEL EVALUATIONS
- 10:15 A.M. BREAK
- 10:30 A.M. MOCK EVALUATIONS (Continued)
- 11:30 P.M. LUNCH (On your own)
- 12:30 P.M. WHAT ELSE IS DRIVER REHABILITATION?
- 3:00 P.M. NEXT STEPS TOWARD BECOMING A CDRS
- 4:00 P.M. CONCLUSION

NOTE: Due to fluctuations in room temperature, please bring a sweater or light jacket.

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Thursday, September 23 through Saturday, September 25, 2010

REGISTRATION FORM


Space is limited. Registration is required. Refreshments and lunch included.

Registration Deadline: SEPTEMBER 16, 2010

- SINGLE REGISTRATION FEE:**
Check One: Day One: **\$150** Three Days (OTs only): **\$525**
- EARLY REGISTRATION FEE** (Received by September 9, 2010) : **\$500**
(No early registration fee if you are attending Day One only)

REGISTRATION INFORMATION ONLINE: www.Marianjoy.org

MAIL REGISTRATION: Mail completed form with check to:

 Marianjoy Rehabilitation Hospital
26W171 Roosevelt Road
Wheaton, IL 60187
Attn: Angela Killian, Director, Clinical Education and Development

- CHECK ENCLOSED PAYABLE TO** "Marianjoy Rehabilitation Hospital"
- PLEASE CHARGE MY CREDIT CARD** VISA MASTERCARD

Account Number _____

Exp. Date _____

Name on Card _____

Signature _____

FAX REGISTRATION: (630) 909-7101

REGISTRATION QUESTIONS? Phone (630) 909-7504

Name _____

Discipline: OT OTA PT PTA RN School Couns.

Social Worker _____

License Number _____

Organization _____

Address _____

City/State/ZIP _____

Phone _____

E-Mail _____

Require Special Accommodations (Please Specify):
